



How I feel about my skills

Name _____


























































Session Title _____

Date _____

1-2-1 or Group _____

Keypal e-portfolio pilot questionnaire

	Question	1	2	3	4	5
	Communication					
1	I can understand written instructions well					
2	I am comfortable asking questions					
3	I would be confident writing a few sentences about one of my interests					
4	My friends find me easy to talk to					
5	I can understand when people ask me questions in..... (state 2 nd language e.g. Welsh)					
6	I can understand signs written in(state 2 nd language e.g. Welsh)					
7	I feel comfortable asking questions in(state 2 nd language e.g. Welsh)					
8	I would feel confident writing a few sentences about myself in ... (state 2 nd language e.g. Welsh)					
	Using numbers					
9	I can spot if I have been given the wrong change in a shop					
10	If I rented some DVDs with my friends I could work out how much we all owed					
	Using ICT					
11	I am confident using a computer with no support					
12	I am confident when using a computer with support					
13	I am confident using the Internet to find information					

14	I am confident creating and saving a document on a computer					
15	I would feel confident filling in my timesheet on a spreadsheet					
16	I would feel confident downloading an image from the internet					
17	I rate my overall enjoyment in using a computer as.....					
	My learning					
18	I am aware of the way or ways that I like to learn best e.g. by doing, listening, reading					
19	I am always on time					
20	I am good at organising things					
21	If I am planning something, I can set myself goals to make sure I finish on time					
	Working with others					
22	I enjoy working with other people					
23	If my friends are arguing I can usually find a way to calm them down					
24	If am confident asking adults for advice or information					
	Being enterprising					
25	I feel motivated to make something of my life or I feel motivated to see things through or I know that in the end it is up to me to make something of my life or I believe that I can achieve things in my life					
26	I am willing to take responsibility for my actions					
	Problem solving					
27	If I have a problem I can usually work out a way to solve it					
28	When trying to work out how to do something I think about different ways of doing it					
	Motivation					
29	I feel I've got the skills to get a job					
30	I feel confident that I can learn new skills					
31	I know what I am good at					
32	I know the skills and qualities that I need to develop					
33	I believe that it is important to keep learning new things	